## MADA Schedule Template: Cooking Together

Purple = Moderator #1 facilitates

Orange = Moderator #2 facilitates

**5:00pm:**

* Pizza delivered for facilitators and photographer (or anyone who will be helping with the dinner and may not have the opportunity to eat)

**5:15pm:**

* Set Up:
  + Food stations + instructions
  + Name tags
  + Appetizers to eat while cooking + Descriptions of what appetizers are
  + Menus/placecards
  + Release forms (if media is present)
  + Index cards and pens

**6:10pm:**

* 1 facilitator can station herself at entrance to greet arriving guests with name tags, show them where to go

**6:15pm:**

* Guests begin to arrive
  + Appetizers available
  + Fill out name tags
  + Sign release forms (if needed)
  + Assigned by facilitator #2 to cooking station

**6:30pm:**

* Cooking activities commence:
* Ask that people wash their hands
* Cooking in partners
  + As you cook with your partner, a “side quest” is to find 3 things you have in common, 3 things that are different

**7:00pm**

* Cooking is complete
* Hosts serve dinner at table (or guests can place their dishes as they finish)
* Invite guests to be seated and set tone for the evening:
  + Facilitators introduce themselves
  + Thank everyone for coming. See what some people found in common and different between them
  + Play [5 minute video](https://www.facebook.com/TED/videos/10158469641885652/) if setup allows: set the tone that each of us is bringing a different perspective to the table, and we know not everyone will like each other’s views, but we hope that we can engage with and like each other as people
  + Make sure everyone has food and is comfortable
* Ground Rules
  + We want everyone to have a chance to share. To create this space:
    - When someone is talking, let’s listen and not interrupt, even if they say something that offends.
    - If you think of something you want to say in response and are afraid you’ll forget if you don’t interrupt, make a quick note. We have index cards for everyone.
    - If you hear something that upsets you, instead of making a judgment and saying “You’re wrong/bad/crazy for thinking that”, try to make “I” statements like “That makes me feel…”, or even better, ask a follow-up question
    - If you feel uncomfortable, attacked, or want to otherwise break tension, you can use the noisemaker we provided each person (bell or kazoo, alternatively have a “safe word”)

**7:15pm**

* Political Discussion Part 1
  + Invite guests to go around the table and have each person answer:
  + What is your name? What has shaped your political viewpoint?
  + What has brought you to this dinner?
  + Describe a time when your mind has been changed about something (doesn’t have to be political).
  + What is one differing political perspective you can’t understand or feel you have the least in common with?
  + In what way does living where you do influence how you see the rest of the country?
  + What is one thing about America that makes you feel fearful or threatened?
  + What is one thing about America that makes you feel proud or secure?
  + Have you engaged with people who have opposing political viewpoints? Why or Why not? If you have, how has it gone?

**7:45pm**

* Spectrum Activity (Get people moving again):
  + - There is a lot of polarizing in politics, and speaking of things as if they are black or white. We know though that issues are more nuanced than that, and that you as people have more complexity to where you stand on issues. We’re going to do a little exercise to physically represent that. If this side of the room represents “agree”, and this side of the room represents “disagree”, place yourself on a spectrum of where you feel you stand on most days, in response to the following statements:
      * The Trump administration’s values align with my own
      * The GOP’s values align with my own
      * The Democratic party’s values align with my own
      * I would describe myself as tolerant
      * I am willing to reconsider my views
      * Trump is my favorite president
      * My religious beliefs determine how I vote
      * My family upbringing determines how I vote
      * I think voting is important
      * I am passionate about my political beliefs
      * I am very passionate about a particular issue (if anyone is a yes, would be interested to find out what)
      * I could be friends with people who vote differently from me
    - From where people stand on the spectrum, ask them questions about why that spot in particular feels comfortable for themLiving in the Bay Area has influenced my political views

**8:15pm**

* Political Discussion Part 2: Current Events & Local Issues (topics will vary depending on news cycle)
  + What news items have caught your attention the most, or impacted you personally the most?
  + What issues do you think hold the most importance to local life here in \_\_\_?
  + What do you think are this area’s greatest strengths and weaknesses?
  + How much are you preparing for and looking ahead to the 2018 election?
  + What can we do, as people who are open to listen to others, to encourage this spirit around us?

**8:45pm**

* Come Together
  + Ask people to share: What is one takeaway or something you think you might do as a result of tonight?

**8:55pm**

* Closing remarks, group photo

**9:00pm** See if participants want to share contact info, Clean up